

National Trust Press Release

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Make your mark on the Sissinghurst Estate!

This winter do you want to get some exercise, learn a new skill and have fun in the fresh air?

If the answer is yes, then why not take up the challenge of a hedge laying course at Sissinghurst Castle, near Cranbrook, on Monday 8th or Tuesday 9th February.

Join the estate warden, Peter, on this fun and practical course where participants will learn how to lay hedges as well as finding out about the benefits that hedges can bring to local wildlife. This hands-on course will teach about the tools and techniques needed to lay hedges, as well as creating something that will be visible at Sissinghurst for years to come.

No doubt hedge layers will work up a hunger with all that hard work so it's just as well that they will be served a hot two course lunch in the Granary Restaurant, made from local and seasonal ingredients, many of them grown at Sissinghurst Castle Farm.

The courses run from 9am until 4pm and booking is essential on 01580 710700. Tickets cost £35 per person and include a hot lunch and all materials.

Ends

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